

Strathclyde and Caledonian Nightline c/o Strathclyde Students' Union 90 John Street Glasgow G1 1JH

29th November 2018

Dear Professor McKenna,

We are writing to you as the student committee of Strathclyde and Caledonian Nightline to ask you to be part of raising awareness of Nightline and the work we do to support students at the University of Strathclyde and Glasgow Caledonian University.

Nightline is a listening and information service, run for and by students, and open Monday to Friday from 7pm until 7am during term-time. We are a place where students can phone, text, or access online instant messaging support during the night for confidential, non-judgemental support. No matter what they are feeling, experiencing, or their situation, they will find a warm and caring space to talk about that.

At a time when the mental health and emotional wellbeing of students in Higher Education has become regarded as important as their academic attainment, and when we have seen alarming rates of students ending their lives across the sector, we ask you to support us by raising awareness of Nightline amongst your staff. Our hope is that all staff, both academic and non-academic, will have the information available to signpost to us when they encounter a student either in crisis or who simply needs a listening ear.

We enclose a number of enamel badges that we would ask you to make available to those staff who wish to perhaps attach it to their lanyard, etc.

If you have any questions about our service, please don't hesitate to find out more from our website at www.scnightline.com or, alternatively, our staff coordinator at the Students' Union can be contacted on 0141 567 5001 or at holly.shaw@strath.ac.uk

Thank you for your time and support of the important service we offer to students.

Yours sincerely,

Strathclyde and Caledonian Nightline Committee 2018/19