**Personal Development Review – Meeting 1**

**Name:**

**Personal Development Adviser:**

**E-mail:**

**Available Support**

Before your 1st meeting, please visit the following websites where you can find information about what to expect and where to get advice and support and complete the table below.

**Strathlife**: <https://www.strath.ac.uk/studywithus/strathlife/>

**Student Experience & Enhancement Services**: <https://www.strath.ac.uk/sees/>

Do you need support from any of the following?

|  |  |  |
| --- | --- | --- |
|  | **No** | **Yes** |
| **Maths Skills Centre** |  |  |
| **Disability Service** |  |  |
| **Student Financial Support** |  |  |
| **Student Counselling Service** |  |  |
| **Student Health** |  |  |
| **Study Skills** |  |  |

If you have answered “yes” to any of the questions above, have you already arranged this? **YES/NO**

Would you like to discuss this with your PDA? **YES/NO**

*If you have answered “yes” your PDA will e-mail you to arrange a private discussion.*

**Professional and Transferable Skills**

During your time at University you will develop a range of skills that will help you to improve both your academic ability and you future employability. Please use the scale below to see how comfortable you feel with the skills you are developing.

|  |  |  |  |
| --- | --- | --- | --- |
|  | Not Confident | Reasonably Confident | Confident |
| **Subject Knowledge** |  |  |  |
| **Analytical Thinking and Problem Solving** |  |  |  |
| **Group Work** |  |  |  |
| **Time Management** |  |  |  |
| **Note Taking** |  |  |  |
| **Presentation skills** |  |  |  |
| **Computational skills** |  |  |  |

Have you completed a CV and covering letter that could be used to apply for part-time jobs/work experience? **YES/NO**

Have you completed the following online training modules:

- Equality & Diversity **YES/NO**

- Dignity & Respect **YES/NO**

**2nd Year Academic Progress**

**Please indicate your performance in year 2.**

|  |  |  |  |
| --- | --- | --- | --- |
| Class | Class mark | How did you expect to do (Better, worse, same)? | Any particular difficulties? |
| PH280: Experimental Physics |  |  |  |
| PH281: Maths for Physics 2A |  |  |  |
| PH282: Maths for Physics 2B |  |  |  |
| PH283: Mechanics & Waves |  |  |  |
| PH284: Electromagnetism & Quantum physics |  |  |  |
| PH285: Computational & physics skills |  |  |  |

Have you identified any areas requiring improvement and support? **YES/NO**

Date of 1st meeting: