

*Physics,  
we need to talk about ...*

# Resilience & Wellbeing in Academia



**Keynote Speaker:**

**Dr. Sara Shinton**

Head of Researcher Development & Assistant Director,  
Institute for Academic Development,  
University of Edinburgh

**Followed by a Live Panel Discussion with:**

**Dr. Marco Reggiani**

STEM Equals Research Associate,  
University of Strathclyde

**Jan Lee**

Organisational & Staff  
Development Unit Manager,  
University of Strathclyde

**Colin Flynn**

Wellbeing Manager,  
University of Strathclyde

**Moderated by Dr. Jess Gagnon**

STEM Equals Research Fellow, University of Strathclyde

***Everyone Welcome!***

**3:00 PM — 4:30 PM**

**Wednesday 23rd October**

**John Anderson Building, Room JA 317**

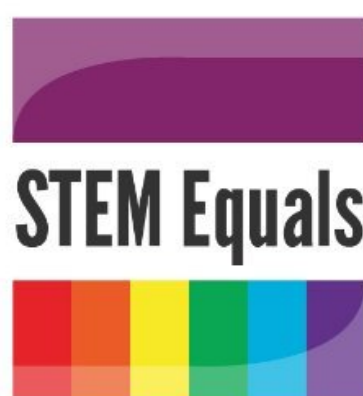
Register here on **Eventbrite**

[strathphysedei\\_resilience\\_wellbeing.eventbrite.com](https://strathphysedei_resilience_wellbeing.eventbrite.com)

Department of Physics 



EQUALITY | DIVERSITY | EQUITY | INCLUSIVITY



Enter questions for panel here!

 @StrathPhysEDEI

*\*Shinton, S. (2016) Resilience Toolkit, Institute of Physics*

*\*Shinton, S. (2015) Navigating the Funding Landscape, Institute of Physics*

*\*Shinton, S. (2013) Equilibrium- Managing Career Breaks & Achieving Career Balance, Institute of Physics*